



**DESIRÉE  
BRAZELTON**  
Homeopath &  
Conscious Parenting Champion



## How to Parent with Love, Integrity and Wisdom and What to Do When You Just Can't

As you are thinking about welcoming your new child into your life everything seems idyllic. You imagine the touching interactions you'll have with your child, the milestones and the love that you'll share. But when the rubber hits the road you realize that parenting is actually really hard and no one has given you a roadmap for your journey!

Most parenting books out there talk about how to change your child. If you only discipline them better or create the right structure or make them change in just the right way then everything will be better. But you've tried it and it doesn't work, right? What if I told you that the real change will come when you change YOU. Because when you change how you are in relationship to your child, everything begins to change.

### **In this engaging and practical presentation your parents will:**

- Gain insight into why your current reactions are sometimes out of proportion
- Learn the steps you need to stay calm even when your child isn't
- Discover how to see the signs before you get triggered
- Learn how to reconnect with love
- Get a roadmap for how to navigate difficult situations

Desirée Brazelton is a nationally known homeopathic practitioner and conscious parenting champion who teaches her clients how to create better relationships with themselves, their children and their world so that they can live with purpose, health and joy. Desirée is a Certified Homeopathic Practitioner, a board member of the Northwestern Academy of Homeopathy, a graduate of the Hoffman Process, a member of the Minnesota Homeopathic Association, the North American Society of Homeopaths and the National Center for Homeopathy. Desirée has been published in multiple magazines including Homeopathy Today and has been a guest on a number of podcasts where she shares her parenting insights. Desirée is also the founder of the Conscious Moms Club which is a group of moms who work together to create parenting relationships that they love. When not in the office, Desirée can be found wandering through the woods near Lake Superior with her two dogs, Ike and Leo. She can be reached at [desiree@desireebrazelton.com](mailto:desiree@desireebrazelton.com).